

Milk & Mascara

Grocery List Week 14 (5 Recipes)

Recipe 1: Teriyaki Chicken & Sesame Carrot & Cucumber Slaw

Recipe 2: Grilled Chicken Fajita Kebabs & Mexican Street Corn Salad

Recipe 3: Korean Turkey "Bowl"

Recipe 4: Slow Cooker Asian Sweet Chili Sesame Chicken

Recipe 5: 20 Minute Cashew Chicken

- 10-12 Chicken Breasts
- 1 pack of ground turkey breast
- chili powder
- ground cumin
- Asian sweet chili sauce
- low sodium soy sauce
- garlic powder
- chili powder
- ketchup
- hoisin sauce
- paprika
- rice wine vinegar
- sesame oil
- onion powder
- sriracha (optional)
- mayonnaise (optional)
- sugar
- cornstarch
- brown sugar
- sugar
- 6-8 garlic cloves
- 4 ears fresh corn
- 3-4 limes
- 1-2 medium avocados
- 4-5 large bell peppers (any variation of colors)
- unsalted raw cashews
- sesame seeds
- red pepper flakes
- brown rice
- 4 large eggs
- Cotija cheese
- 2 red onions
- 2-3 medium cucumbers
- 2-3 medium carrots
- chopped spinach
- freshly grated ginger
- green onions
- cilantro
- 1 jalapeno pepper (optional)